



No matter how tough things may appear to be, it will **not** last forever. It may feel like it will but life is continually offering us “*do-overs* and *begin agains*” to support our unfoldment on this incredible journey we call life. It is simply us to **WANT** to do something about whatever it is we are dealing with.



TODAY, I AFFIRM THAT MY TIME OF WINTER IS COMING TO CLOSE, AND I AM PREPARED TO STEP FULLY INTO THE NEW LIGHT AND VIBRATIONS OF SPRING. LIFE IS ACTIVE WITH GOODNESS. I AM TRANSFORMED FROM WHAT HAS BEEN INTO WHAT I NOW CLAIM I AM HERE TO DO AND BE. I AM SO GRATEFUL FOR MY CONNECTION TO ALL OF LIFE, AND LIFE KEEPS GETTING BETTER AND BETTER. AND, SO IT IS!

My winter is fading, and I am embracing the life of spring within me; I trust the process.

Currently, many of us are going through challenges and shifts, and please hear me when I tell you, *no one ever said that spiritual beings aren't above facing issues, sadness and even bouts of depression.* We are a work in progress and are working as fast as we can to get what is ours to learn just like anyone else. We hurt, we cry, we feel many emotions - probably more amplified - because of our willingness to be open to guidance. This is our winter of the soul; it isn't good or bad, but it is part of the process in purging that which holds us back from living fully.

Spring is upon us; pay attention to the buds as they begin to appear, the flowers bursting through the ground and the warmer breezes blowing through our hair. *Don't miss the moment to be present with nature and to behold the essence of God at work within and around us at all times.* Let us be mindful to remember that we cannot have a spring without our time of winter. *There is a time to retreat and rest, and then there is a time to be transformed and revived from one season to the next.*

Sunday, April 16 is *Easter Sunday.* We encourage you to celebrate resurrection and renewal within yourself by honoring the fact that the Christ Presence within you has **RISEN** once more. Easter isn't just about the story of Jesus being raised from the dead, it is our story as well. Rise up and walk or just keep sittin' there doing nothing; the choice is always ours!

Happy Easter!



PAMASKAR-REV. JAMIE

APRIL EVENTS

Listen. Learn. Share.

SATURDAY

1

Youth Of Unity (Y.O.U.) Retreat

SUNDAY

2

Sunday Service / 10am
Y.O.U. Retreat

WEDNESDAY

5

A Course in Miracles / 6:30 pm
Unity Bookstore Book Club / 7 pm

THURSDAY

6

Urantia Study Group / 5:30 pm

SUNDAY

9

Sunday Service / 10am
Y.O.U. Fund Raising Luncheon / 11:30 am

MONDAY

10

Renee Adcock, John of God Crystal Bed
Sessions / 8am - 7pm

WEDNESDAY

12

A Course in Miracles / 6:30 pm

SUNDAY

16

Easter Service with Communion / 10 am

WEDNESDAY

19

A Course in Miracles / 6:30 pm
Unity Bookstore Book Club / 7 pm

SUNDAY

23

Sunday Service / 10am

TUESDAY

25

Grandmother's Circle in
Fellowship Hall / Noon
Truth on Tap at Ozone Pizza Pub / 5:45 pm

WEDNESDAY

26

A Course in Miracles / 6:30 pm

SUNDAY

30

Sunday Service / 10am
Sacred Light Infusion Healing Sessions with
Rev. Rich Berry in Sanctuary / 11:30am



**EASTER
COMMUNION
SERVICE**

**SUNDAY
04/16
10 AM**

**A COURSE IN MIRACLES
IN MAY**

Sunday's class,
A COURSE IN MIRACLES, will
begin again in studying the Text
on the first Sunday of May.

We look forward to you joining us
at 8:30 am Sunday mornings.



**MONTHLY
MEDITATION**

**Monthly Meditation is
postponed during the
Spring and Summer
months.**

**We will resume our
practice in the Fall.**

**ONE ON ONE
SPIRITUAL
COUNSELING**

Remember, you can call and
schedule an appointment
with Rev. Jamie Sanders
at any time on a
love offering basis.

**Just call:
850 438 2277**

TRUTH ON TAP

A Spiritual Discussion Group

Rev. Jamie Sanders leads a
**lively
discussion
of
spiritual
topics**

over food and drinks



April 25, 2017

The fun begins promptly at 5:45pm
at



GET CONNECTED WITH YOUR SPIRITUAL COMMUNITY

SIGN UP

for our monthly newsletter
at our information table in
the back of the sanctuary on
Sundays or email
your address to
unity@unitypns.org.



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is available for FREE
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DOWNLOAD

in your carrier app store under
unitypns.

TEXT

Simply text *unitypns*
to **84576** from your cell phone
and sign up at
flocknote.com/unityofpensacola.

We encourage you to sign up for both text
and email updates.

ENGRAVED PAVERS

\$125 EACH

PAYMENT METHOD

PERSONAL CHECK MADE PAYABLE TO UNITY CHURCH

PLEASE BILL MY VISA MC DISCOVER | ACCOUNT# _____ EXP DATE _____ CVC# _____

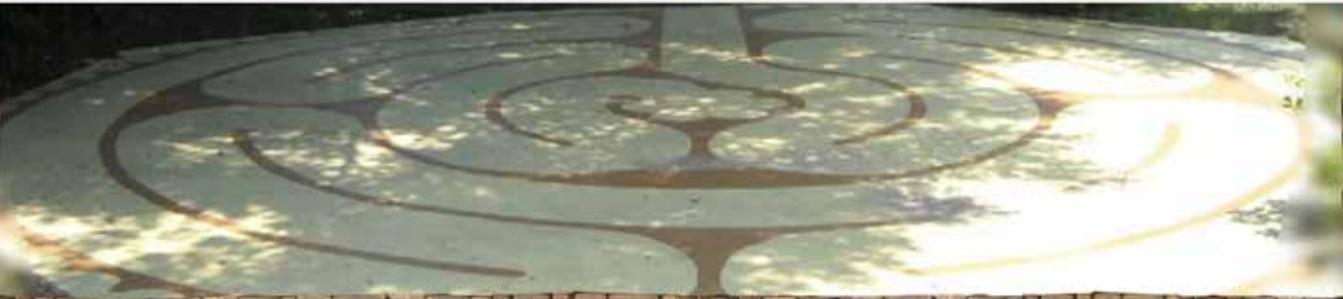
NAME _____ DAYTIME PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

SELECT YOUR ENGRAVING

LINE 1																			
LINE 2																			
LINE 3																			

Engraved pavers are placed in the walkway from the labyrinth in the garden to the side entrance of the Church.



GRANDMOTHER CIRCLE

As we begin another year in 2017, our Women’s Wisdom Circle will be open to new members during January and February. We meet on the fourth Tuesday of each month in the Fellowship Hall. After we share lunch together at 11:30, we will begin our Sacred Circle from 12:00 - 3:00pm. We invite you to sit in circle with us and explore your own wisdom, creativity and power. We connect with other women for inspiration by sharing our own ideas and experiences using questions prepared by a facilitator. By practicing unconditional acceptance, it is our intention to fulfill the ancient Hopi prophecy:

“WHEN THE GRANDMOTHERS SPEAK, THE EARTH WILL HEAL.”

For more information you may call Mary Enfinger at (850) 456-0316.

YOUTH MINISTRY



ITALIANO LUNCH

APRIL 9TH

\$6 ADULTS
\$3 BAMBINOS

Magnifico!



AN INTRODUCTION TO SACRED LIGHT INFUSION HEALING SESSIONS WITH REVEREND RICH BERRY



Within each of us exists this **Great Sacred Inner Light**. It is our spirit, our true essence, our soul. It is also part of the **Infinite** that is **Divine Love and Heals All**.

Ultimately, this Sacred Inner Light can be infused into others, resonating and reactivating their own **Inner Light**. Through this process we are able to facilitate healings.

Over the last 15 years, people have reported healings from pain, injuries, disease, depression, and emotional traumas.

Sessions offered on a love-offering basis.

April 30, 2017 at 11:30am

(314) 223-8888 richwberry@gmail.com
sacredlightinfusion.com



Spring Yard Sale

Our annual Youth Yard Sale is **Saturday, May 13**.

If you have items you can donate to help the teens raise money for their week-long summer retreat, please bring them by the church any Sunday between now and May 13. We will gladly pick up large items the week before the yard sale.

Just call Rick at 850-774-7359

A COURSE IN MIRACLES

Instead of **FAST FORWARD** into **FUTURE** "what ifs"
or **REWIND** into **PAST** "resentments or regrets"

CHOOSE TO PAUSE FOR PEACE!

Each Wednesday, from 6:30 to 7:30pm, we use our time to share our experience of embracing **NOW a holy instant**.

Come join us! No matter where you are.
Call for more information: Ramona Aebli, 850.438.2948

DID YOU KNOW?

The Cactus Flower Cafe on 12th Avenue donates a percentage of sales from Unity dinner patrons on **Monday nights** to Unity of Pensacola!

Simply tell your server that you are from Unity. And, if you plan to dine with a large group, please call ahead so they can prepare a table in advance.

THANK YOU LEE AND JONI!

Select "**Unity Of Pensacola**" as your charity when shopping using

amazon smile
You Shop. Amazon Gives.

and a donation will be made by Amazon to our Church.



It's a win-win!

Register now at
smile.amazon.com
and continue to support
Unity of Pensacola.



natural awakenings
healthy living. healthy planet.

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For advertising information call Scott Chase at 850-687-0825 email Scott@NWFNaturally.com



CACTUS FLOWER
Cafe

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Shops of East Hill
Pensacola

Angel Hill, M.ED, Ph.D

NATURAL HEALTH ASSESSMENTS

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- Tongue and Fingernail Assessment
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203 WEST GREGORY STREET — NEXT TO PENSACOLA VICTORIAN BED & BREAKFAST

Thank you for sharing your abundance and faithfully offering your tithes to Unity of Pensacola in February. And, thanks to those of you who generously gave and did not list your names.

- | | | | | |
|----------------------|-----------------------|-------------------------|------------------------|-----------------------|
| A Course In Miracles | Connie Carrigan | Sharon Henderson | Barbee Major | Karen St Clair |
| Ramona Aebli | Pax Cheng | Judy Henry | Gloria Marino | Charlotte Stone |
| Laura Andersen | Arlene Coughlin | Angeleque Hill-Reynolds | Megan Mcnamara | Otto & Lois Thiergart |
| Linda Baillie | Renee Culpepper | Bobbi Hodges | Susan Melton | Thelma Wagner |
| Angela Beck | Carley Curlin | Sharalee Hoelscher | Stephanie Mickler | Diane Walgis |
| Eloise Benton | Scott Davis | Hennie Hopkins | Amy Montezun | Merry Walker |
| Rich Berry | Linda Dean | Nancy Humphrey | Marcia Moritz | Lillie West |
| Bible Study Group | Carol Dorsey | Jim Hurtubise | Julie Parker | Laura Williams |
| Bonnie Black | Judith Early | Shelia E. Jackson | William Parker | Tina Wills |
| Lisa Bolden | Emagination Unlimited | Kristal Johnson | Ed Pels | Jon Winslow |
| Charlotte Boutwell | Mary Enfinger | Mary Ann Johnson | Public Offering | Sharon Wolfe |
| Norm & Virginia Boyd | Tari Ferrie | Lee Kafeety | Harry And Judi Purcell | Monica Wood |
| Suzie Briscoe | Sally & Will Fox | Robert Kalaluhi | Robin Rainey | Jennie Zokan |
| Hilda Brower | Mitzie Graff | Diana Or JAMES Keenan | Patrice Rivera | |
| Sharon Brown | Brian Heike | Karen Kouns | Cindy Sheets | |
| Martha Bryan | Clyde Henderson | Holly Krol | Debra Sholly | |
| Debra Bussell | Debrough Henderson | Joann Locklear | Kathy Simpson | |
| Trena Carr | Denise Henderson | Michele Lombardo | Rhett Smith | |

LOVE NOTES i ♥ UNITY THIS \$ _____ MUCH!

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

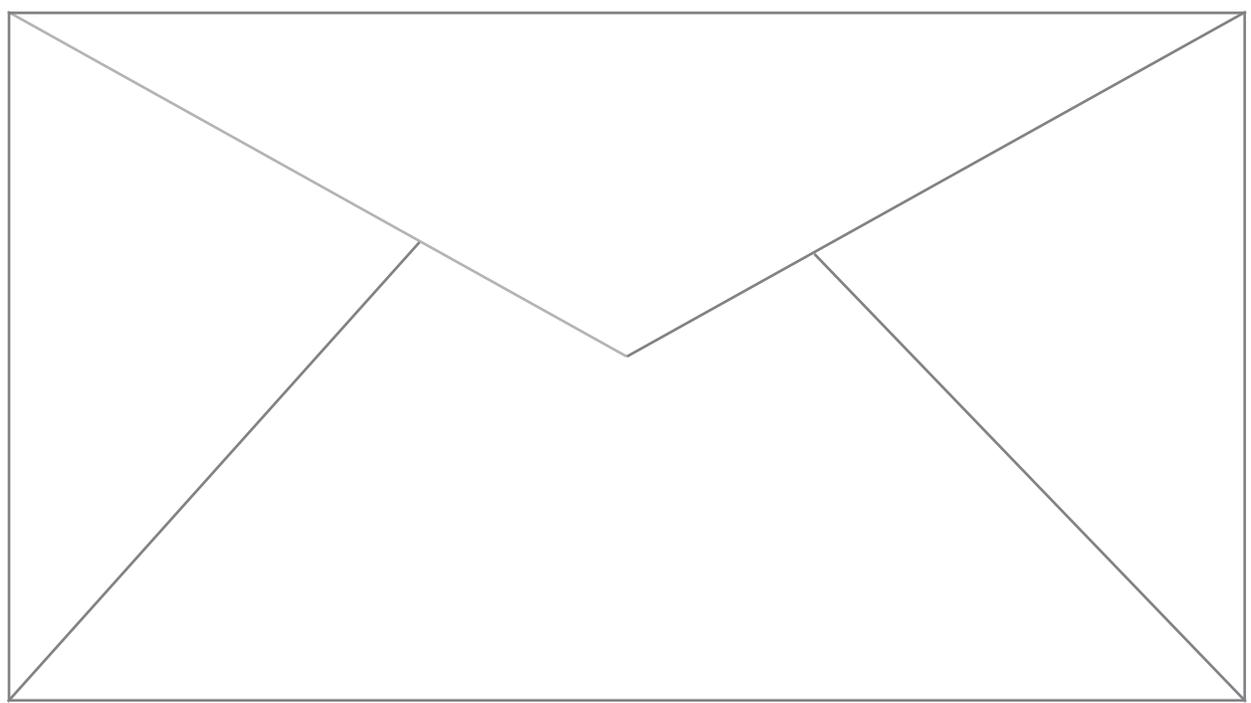
PHONE _____

BILL MY VISA MC DISCOVER ... IN THE AMOUNT INDICATED **ABOVE**

CARD# _____

EXP DATE _____ CVC# _____

SIGNATURE _____





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RETURN SERVICE REQUESTED

NONPROFIT ORG

U S P O S T A G E

P A I D

PENSACOLA, FL

PERMIT NO 00413

An advertisement for "JOHN OF GOD CRYSTAL BED" sessions. The background is dark with colorful, glowing lights. A person is lying on a bed, illuminated by a rainbow light. The text is overlaid on the image.

JOHN OF GOD CRYSTAL BED
SESSIONS WITH RENE E ADCOCK

Monday, April 10 8am-7pm
By Appointment: 251.923.6122

Seven exquisitely pure quartz crystals generate color and light therapy to cleanse, clear and raise the vibration of your chakras and stimulate your body's potential for self-recovery.